

deals

August 21–September 24, 2024

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Lakewood
Organic Pure
Pineapple Juice

\$6²⁹

32 oz



Bragg
Organic Apple Cider
Vinegar

\$4⁷⁹

32 oz



Stock up on organic goodness!

Late July
Organic Tortilla Chips
selected varieties

2/\$7

10.1 oz



Primal Kitchen
Organic Ketchup
selected varieties

\$4⁷⁹

11.3 oz



Cascadian Farm Organic
Organic Potatoes
selected varieties

2/\$8

12–16 oz



Food For Life
Organic Ezekiel 4:9® Bread
selected varieties

\$5²⁹

24 oz



Alexia
Organic Fries
selected varieties

\$4⁷⁹

15–16 oz



Muir Glen
Organic Tomatoes
selected varieties

2/\$4

14.5 oz



Native Forest
Organic Coconut Milk
selected varieties

\$3²⁹

13.5 oz



Forager Project
Organic Cashewmilk Yogurt
selected varieties

\$4⁷⁹

24 oz



Alden's Organic
Organic Ice Cream
selected varieties

\$8²⁹

48 oz



Annie's Organic Mac & Cheese
selected varieties



2/\$6

6 oz

Muir Glen Organic Pasta Sauce
selected varieties



2/\$7

23.5 oz

Maya Kaimal Organic Everyday Dal
selected varieties



\$3.49

10 oz

Lotus Foods Organic Rice Noodles
selected varieties



\$3.49

8 oz

Mike's Mighty Good Craft Ramen
selected varieties



\$1.89

1.6-2.4 oz

Crown Prince Natural Smoked Oysters
selected varieties



\$3.29

3 oz

Simply Organic Organic Dip Mix
selected varieties



\$1.29

0.7-1.5 oz



Wild Planet Wild Sardines
selected varieties

\$1.99

4.4 oz



Wild Planet Skipjack Wild Tuna
selected varieties

\$2.79

5 oz

**Kettle
Potato Chips**
selected varieties

2/\$6

4.25-5 oz



**Garden of Eatin'
Corn Tortilla Chips**
selected varieties

\$4.79

16 oz



**Terra
Vegetable Chips**
selected varieties

\$2.99

5-6 oz



**Clif Bar
Energy Bar**
selected varieties



2/\$3

2.4 oz

**Boulder Canyon
Kettle Chips**
selected varieties

\$3.29

5.25-6 oz



**Bobo's
Oat Bar**
selected varieties

2/\$4

3 oz



**Endangered Species
Chocolate Bar**
selected varieties

2/\$5

3 oz



Gather around the table with Siete Foods! Siete creates delicious heritage-inspired products with thoughtfully selected ingredients, like these Grain Free Taco Shells and Sea Salt Tortilla Chips made with avocado oil. Enjoy with loved ones because Juntos es Mejor, or "together is better!"

**Siete
Tortilla Chips**
selected varieties

\$3.99

5 oz

**Siete
Grain Free
Taco Shells**

\$4.29

5.5 oz

**Angie's
BoomChickaPop Popcorn**
selected varieties

2/\$6

4.4-7 oz



**Larabar
Fruit & Nut Bar**
selected varieties



5/\$5

1.6-1.7 oz

**Chocolove
Chocolate Bar**
selected varieties



2/\$5
2.9–3.2 oz

**Tony's Choclonely
Chocolate Bar**
selected varieties



2/\$7
6.35 oz

**UNREAL
Chocolate Bars**
selected varieties



\$4.29
3.4–4.2 oz

**Cascadian Farm Organic
Organic Cereal**
selected varieties



2/\$7
8.6–14.6 oz

**Spectrum
Organic Shortening**



\$8.79
24 oz

**Mount Hagen
Organic Instant Coffee**
selected varieties



\$8.49
3.53 oz

**Madhava
Organic Coconut Sugar**



\$5.49
16 oz

**Laird Superfood
Superfood Creamer**
selected varieties



\$6.99
8 oz

**Steaz
Organic Iced Green Tea**
selected varieties



2/\$3
16 oz

**C2O
Coconut Water**



\$3.49
33.8 oz

**Essentia
Alkaline Water**



**Vita Coco
Coconut Water**
selected varieties



2/\$4
500 ml

**Eternal
Naturally Alkaline
Spring Water**



2/\$3
1 lt

2/\$3
1 lt

**Harmless Harvest
Organic Coconut Water**

\$3.99

16 oz



**KeVita
Organic Kombucha**
selected varieties

\$2.79

15.2 oz



**Health-Ade
Organic Kombucha**
selected varieties

\$2.79

16 oz



**Califia Farms
Barista Blend Oatmilk**

\$3.79

32 oz



**Almond Breeze
Almondmilk**
selected varieties

\$3.79

64 oz



**Miyoko's
Organic Liquid Vegan
Pizza Mozzarella**

\$5.29

16 oz



**Miyoko's
Organic Vegan
Cream Cheese**
selected varieties

\$3.79

8 oz



Built on the foundation of craft and compassion, Miyoko's Creamery is the natural, compassionate evolution of dairy—using time-honored techniques and the finest ingredients to make our award-winning, phenomenally vegan, plant-milk butter and cheese.

**Milkadamia
Macadamia Milk**
selected varieties

\$4.29

32 oz



**Koia
Plant-Based Protein Shake**
selected varieties

\$2.99

12 oz



**MALK
Organic Almondmilk**
selected varieties

\$5.29

28 oz



**Rumiano
Organic Sliced Cheese**
selected varieties

\$3.79

6 oz



**Follow Your Heart
Dairy-Free Cheese Slices**

selected varieties



\$3.99

7 oz

**Cosmic Bliss
Organic Dairy-Free Frozen Dessert**

selected varieties

\$5.29

14 oz



**Trace Minerals
ConcenTrace Trace Mineral Drops**

\$33.99

8 oz



**Om
Organic Lion's Mane**

\$16.99

100 g



**Bitchin' Sauce
Bitchin' Sauce**

selected varieties

\$3.99

8 oz



**wildbrine
Kimchi**

selected varieties

\$5.99

18 oz



**So Delicious
Plant-Based Frozen Dessert**

selected varieties

\$4.79

16 oz



**Vibrant Health
Green Vibrance**

\$45.99

11.68 oz



**Nordic Naturals
Algae Omega**

\$22.99

60 ct



**Rudi's Bakery
Organic Bread**

selected varieties

\$4.79

22 oz



**Jolly Llama
Ice Cream Cones**

selected varieties

\$4.29

3 ct



**Yerba Prima
Psyllium Husks Powder**

\$12.99

12 oz



RidgeCrest Herbals
ClearLungs

\$14.99

60 ct



Natural Factors
WellBetX® Berberine 500 mg

\$21.99

60 vcap



American Health
Ester-C® 1000 mg with
Citrus Bioflavonoids

\$23.99

90 cap



Garden of Life
Vitamin Code® Raw Zinc

\$11.99

60 ct



Pranarom
Organic Frankincense Essential Oil

\$8.99

2 ml



Dr. Bronner's
Organic Hand Sanitizer
selected varieties

\$3.79

2 oz



EO
Organic Deodorant Spray
selected varieties

\$5.29

4 oz



JASON
Deodorant Stick
selected varieties

\$5.49

2.5 oz



ShiKai
Borage Therapy Hand Cream

\$6.79

2.5 oz



DERMA E
Anti-Wrinkle Renewal Cream

\$15.99

4 oz



Weleda
Skin Food

\$14.99

2.5 oz



ACURE
Shampoo or Conditioner
selected varieties

\$6.49

8 oz



The Grandpa Soap Co.
Pine Tar Bar Soap

\$3.29

3.25 oz



Zum
Laundry Soap
selected varieties

\$11.49

64 oz



Mrs. Meyer's Clean Day
Liquid Dish Soap
selected varieties

\$3.99

16 oz



Moroccan Style Meatballs

45 MIN • SERVES 2-3

INGREDIENTS

½ pound ground beef	1 cinnamon stick
½ pound seasoned ground pork	⅓ cup honey
1 medium yellow onion, diced (divided)	¼ teaspoon sea salt
3 tablespoons olive oil	¼ teaspoon ground black pepper
2 large garlic cloves, minced	½ preserved lemon, chopped (optional)
15 ounce can fire-roasted crushed tomatoes	⅓ cup crumbled feta
1 teaspoon ground ginger	1 cup cilantro leaves

DIRECTIONS

- 1 Combine ground beef, pork, and half of the diced onion. Shape mixture into eight balls and set aside.
- 2 In a 4-quart saucepan, heat oil over medium heat. Add remaining onion and sauté until translucent. Stir in garlic, ginger, and cinnamon stick; cook for one minute.
- 3 Add tomatoes, ½ cup water, honey, salt, and pepper. Bring to a gentle simmer and cook for 10 minutes. Place meatballs in sauce and continue to cook for 15 minutes or until internal temperature reaches 165°F.
- 4 Stir in preserved lemon and serve with crumbled feta and cilantro.



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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

