

www.sawallhf.com

2965 Oakland Dr • Kalamazoo, MI • 269-343-3619

Store Hours: Monday thru Saturday 9am - 8pm • Sunday 10am - 6pm

# Sawall HEALTH FOODS

-Since 1936-



## MAY SAVINGS



**FRESH and LOCAL**

 <p><b>USDA ORGANIC</b></p> <p>Organic Bunched Carrots</p> <p><b>\$2.99</b> ea</p>	 <p><b>USDA ORGANIC</b></p> <p>Organic Lemons</p> <p><b>\$3.99</b> 2LB</p>
 <p><b>USDA ORGANIC</b></p> <p>Organic Bartlett Pears</p> <p><b>\$1.99</b> LB</p>	 <p><b>USDA ORGANIC</b></p> <p>Pero Organic Green Beans</p> <p><b>\$4.99</b> 12oz</p>
 <p><b>USDA ORGANIC</b></p> <p>Organic Grape Tomatoes</p> <p><b>\$2.99</b> PINT</p>	 <p><b>Bionaturae Organic Tomato Paste</b> 7 ounce</p> <p><b>\$2.29</b></p> <p><b>USDA ORGANIC</b></p>

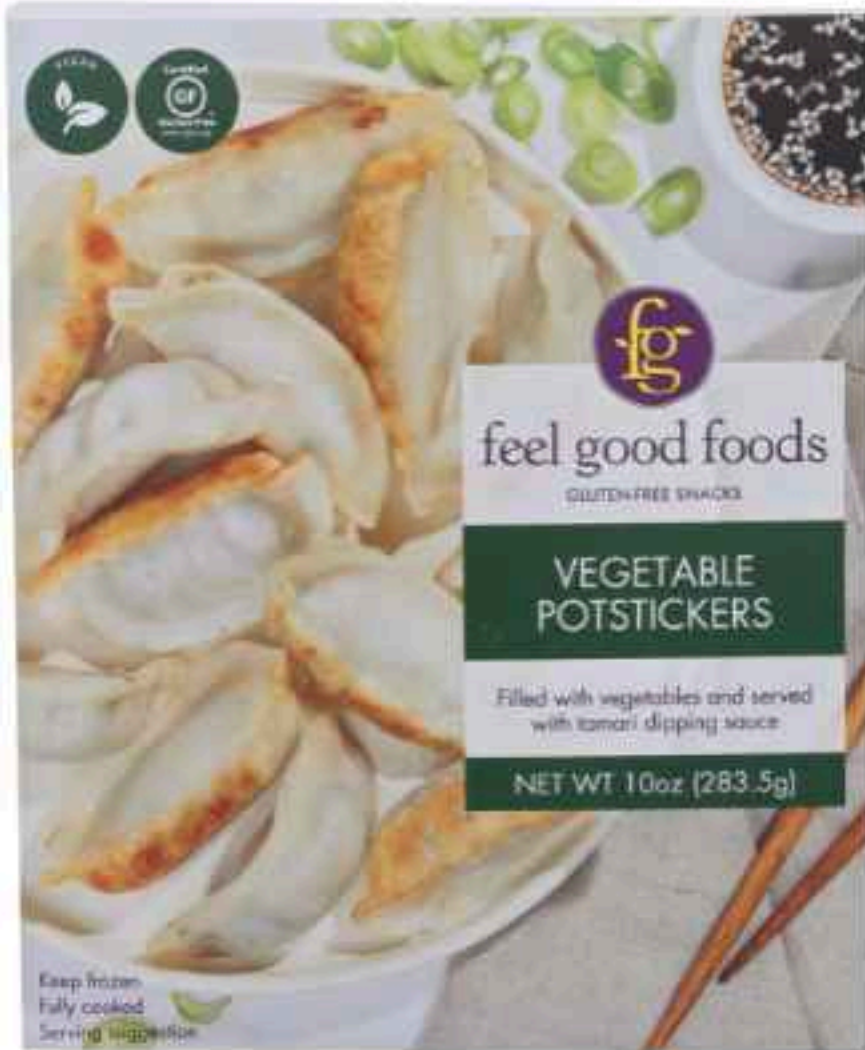
Serving Kalamazoo for Five Generations

Good Thru May 31st, 2024



# May 2024

## Fresh & Frozen



**Feel Good Foods®**  
Vegetable Potstickers  
10 ounce  
Selected Varieties

**\$6.49**



**Cappello's®**  
Pizza  
Pepperoni  
12 ounce  
Selected Varieties

**\$7.99**



**Brown Cow™**  
Non-Gmo  
Whole Milk  
Yogurt  
2 pound  
Selected varieties

**\$3.99**

**Organic Valley®**  
Ultra Pasteurized  
Organic  
Whole Milk  
1 gallon  
Selected Varieties

**\$8.99**



**Califia Farms®**  
Organic  
Almondmilk  
Unsweetened  
48 oz

**\$4.99**



**Alden's Organic®**  
Ice Cream  
Vanilla  
1.5 quart  
Selected Varieties

**\$8.29**



**Rebbl®**  
Maca  
Cold-Brew  
12 fluid ounce  
Selected Varieties

**2/\$5**



**Sweet Loren's**  
Place And Bake  
Cookie Dough  
12 ounce  
Selected Varieties

**\$5.99**



**Base Culture®**  
Cinnamon Raisin  
Bread  
16 ounce  
Selected Varieties

**\$6.99**

**UNCLE MATT'S**  
Organic  
Orange Juice  
Pulp Free  
52 fluid ounce  
Selected Varieties

**\$6.49**



**Gf's Living Foods**  
Cocoyo  
Peach  
Nectarine  
8 ounce  
Selected Varieties

**\$5.99**



**Organic Valley**  
Organic  
Shredded Cheese  
6 oz  
Selected Varieties

**\$3.99**





May 2024

Healthy Living



Mary's Gone Crackers  
Super Seed  
Crackers  
5.5 ounce  
Selected Varieties

\$4.49



Tate's  
Chocolate Chip  
Cookies  
7 ounce  
Selected Varieties

\$4.99



Garden Of Eatin'  
Yellow Corn  
Taco Shells  
5.5 oz

\$3.49

Napa Valley  
Naturals®  
Organic Extra  
Virgin Olive Oil  
25.4 ounce

\$17.99



Garden Of Eatin'  
Yellow Corn  
Tortilla Chips  
16 ounce  
Selected Varieties



\$4.99

Cadia  
Organic  
Mild Salsa  
16 oz  
Selected Varieties



\$3.99

Sir Kensington  
Vegan Mayo  
Classic  
12 fluid ounce

\$6.99



The Mountain  
Valley  
Spring  
Water

33.8 fluid ounce  
Selected Varieties

\$2.29



Simple Mills  
Almond Flour  
Crackers  
4.25 ounce  
Selected Varieties

\$3.99



The Good  
Crisp Co™  
Classic Original  
Crisps  
5.6 ounce  
Selected varieties

\$2.99



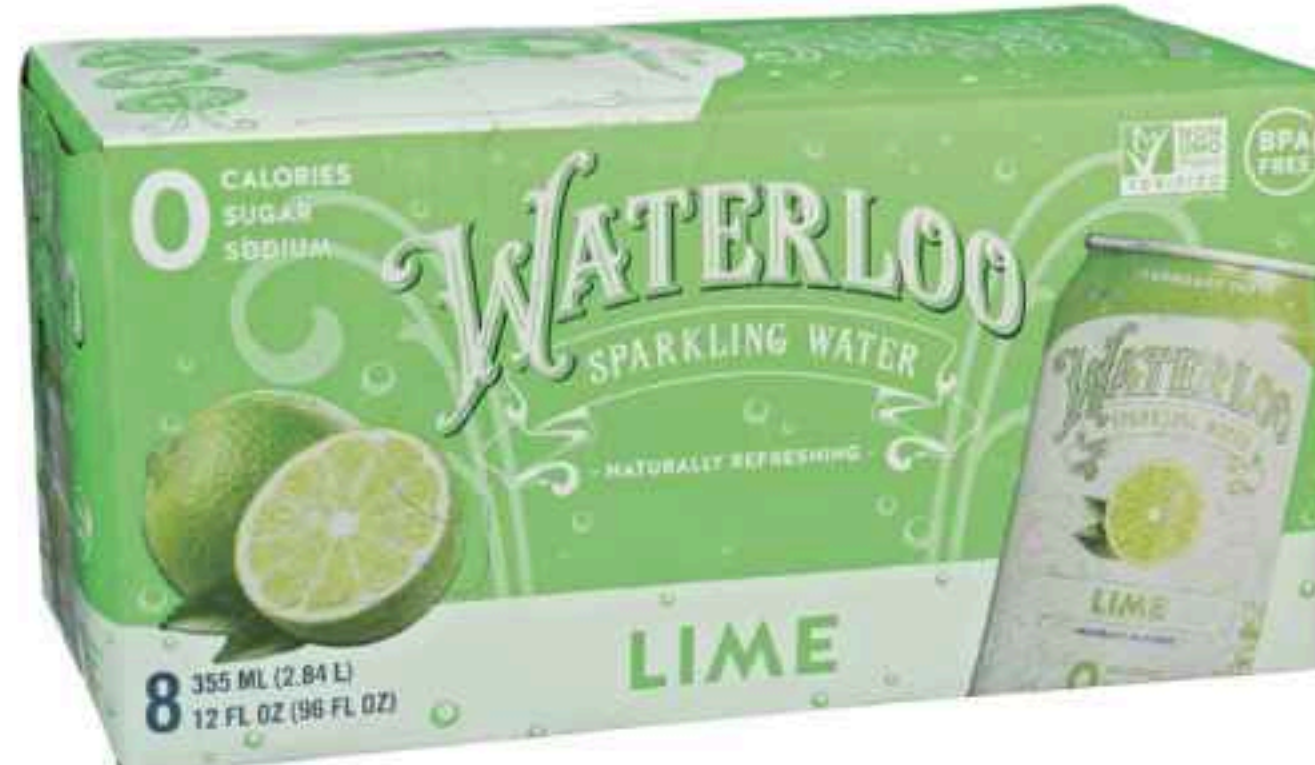
Lakewood  
Pure Lemon  
Juice  
Organic  
32 fluid ounce

\$6.49



Lakewood  
Pure Tart  
Cherry  
Organic  
32 oz

\$6.99



Waterloo  
Sparkling Lime Water  
8 ct  
Selected varieties

\$3.99

Bionaturae  
Organic  
Tomatoes  
Strained  
24 ounce

\$3.49







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## Living Naturally



**Floradix®**  
Iron Tablets  
80 count

**\$20.99**



**Andalou Naturals**  
Renewal Cream  
1.7 ounce

**\$17.99**

**Garden Of Life**  
Collagen  
Peptides  
19.75 oz.



**\$34.99**

**Aura Cacia®**  
Skin Care Oil  
Jojoba  
4 fluid ounce



**\$9.99**



**Om®**  
Cordyceps Mushroom  
Superfood Powder  
(Already In Ixone)  
100 gram

**\$17.99**



**Avalon Organics®**  
Conditioner  
Clarifying Lemon  
312 gram  
Selected Varieties

**\$7.99**

**Renew Life**  
Para Smart  
2-part kit



**\$27.99**

**Avalon Organics®**  
Shampoo  
Clarifying Lemon  
11 fluid ounce  
Selected Varieties



**\$7.99**

