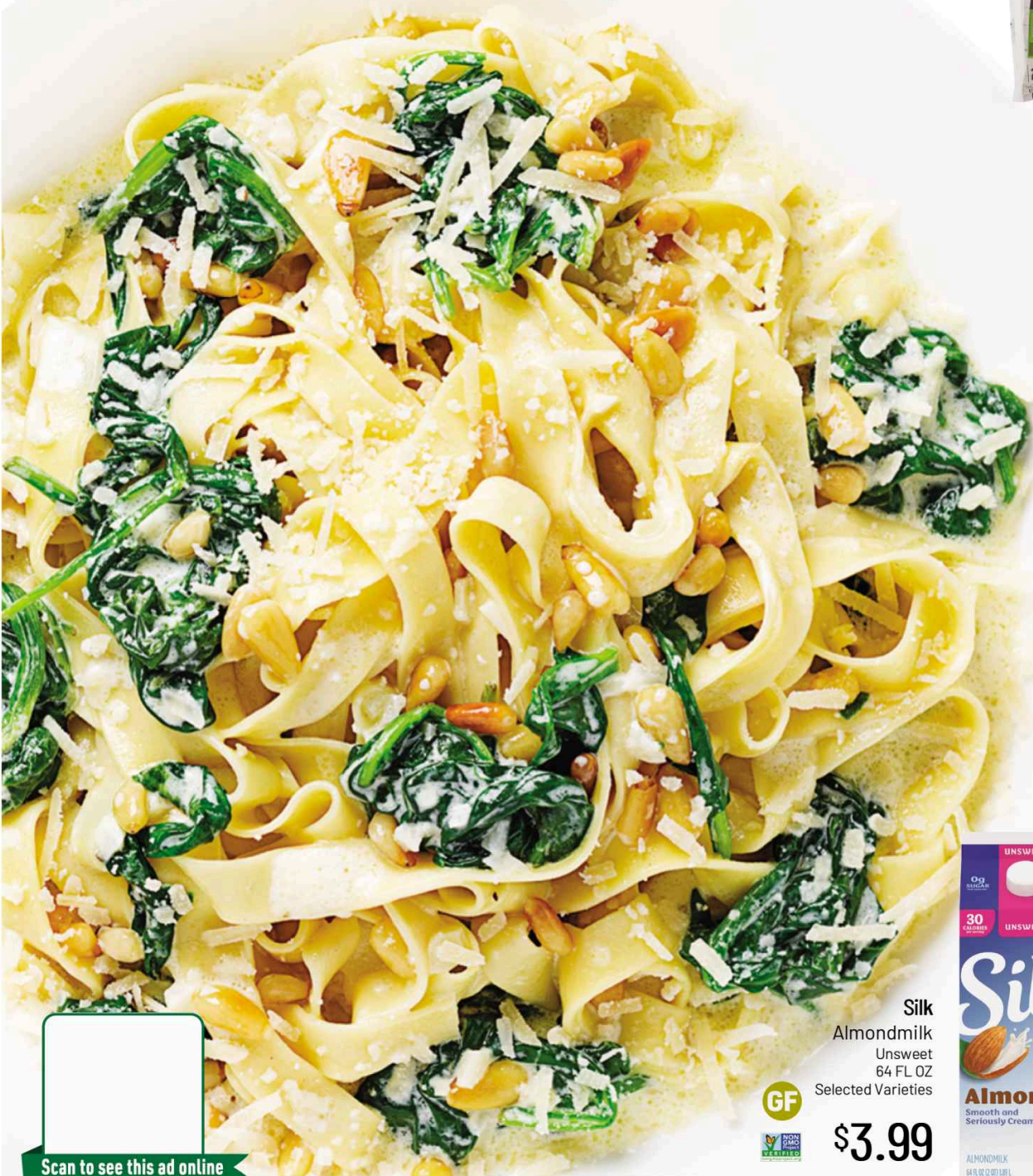


March 2023

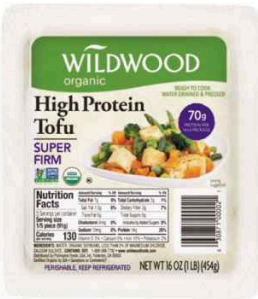
Healthy Advantage

Fast & Easy Fettuccine Alfredo, visit silk.com for recipe



Julian's Recipe
Traditional Baguette
Butter & Garlic
12.3 OZ
Selected Varieties

2/\$9



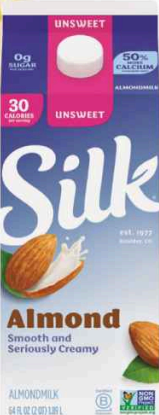
Wildwood Natural Foods
Organic
High Protein Tofu
Super Firm
16 OZ

2/\$8



Sfoglini
Pasta
Cascatelli
16 OZ
Selected Varieties

2/\$8



Silk
Almondmilk
Unsweet
64 FL OZ
Selected Varieties

\$3.99



Spectrum Naturals
Organic Olive Oil
Extra Virgin
25.4 FL OZ

\$9.99

Scan to see this ad online

Some items may not be available. See store for details.
Printed with soy ink on recycled paper. Not responsible for typographical errors.



Eggcellent Source of Protein

Organic Valley Egg Bites are an excellent source of protein with 14-16 grams of protein and less than 250 calories in each 2-pack. Made with organic free-range eggs from small family farms!



Organic Valley
Organic Egg Bites
Feta & Chives
2 CT
Selected Varieties



2/\$8



Stonyfield Organic
Organic
Probiotic Yogurt
Plain Whole Milk
32 OZ
Selected Varieties



\$5.49



Birch Benders
Toaster Waffles
Keto
7.2 OZ
Selected Varieties

2/\$9



Simply
Orange Juice
Pulp Free with Calcium
& Vitamin D
52 FL OZ
Selected Varieties



\$4.09



Van's Natural Foods
Protein Pancakes
Original
12.4 OZ
Selected Varieties

\$4.19



Noosa
Yoghurt
Vanilla
24 OZ
Selected Varieties



\$5.49



Honest To Goodness
Plant-Based Creamer
Himalayan Salted Caramel
25.4 FL OZ
Selected Varieties



Featured BRAND \$5.29



Almond Breeze
Almondmilk
Original
64 FL OZ
Selected Varieties



\$4.29



Kinnikinnick
Donuts
Chocolate Dipped
11.3 OZ
Selected Varieties



\$4.29



Purple Carrot
Frozen
Plant-Based Bowl
Spinach Artichoke
Cavatappi, 10.75 OZ
Selected Varieties



Featured BRAND \$3.79



Gardein
Plant-Based
Meatballs
12.7 OZ
Selected Varieties



Featured BRAND 2/\$8



Quorn Foods
Meatless
Chiquin Nuggets
10.6 OZ
Selected Varieties

2/\$10



Frontera Foods
Fajita Bowl
Chicken
10 OZ
Selected Varieties

Featured BRAND \$3.09



Food For Life
Organic Ezekiel 4:9 Bread
Sesame
24 OZ



\$5.99



Udi's Gluten Free
Gluten Free
Dinner Rolls
Classic French
7.41 OZ



Featured BRAND \$3.79



Dr. Praeger's
Kid's Spinach Littles
Gluten Free
10 OZ
Selected Varieties



2/\$10



My/Mochi
Mochi Ice Cream
Strawberry
9.1 OZ
Selected Varieties

2/\$9



Arrowhead Mills
Organic Flour
Spelt
22 OZ
Selected Varieties



★
Featured BRAND **\$4.49**



Plant-Based Protein



Mighty Sesame Company
Tahini
Squeeze Bottle
Harissa, 10.9 OZ
Selected Varieties

★
Featured BRAND **\$5.29**



King Arthur Baking Company
All-Purpose Flour
Unbleached
5 #

\$5.79



Primal Kitchen
Mayo
with Avocado Oil
12 FL OZ
Selected Varieties

★
Featured BRAND **\$8.79**



Bar Harbor
Wild Kippers
Smoked
6.7 OZ
Selected Varieties

\$3.79



Maya Kaimal
Inspired Soup
Creamy Spiced Butternut
17.6 FL OZ
Selected Varieties

★
Featured BRAND **\$4.29**



Spectrum Naturals
Organic
Virgin Coconut Oil
Unrefined
14 FL OZ

★
Featured BRAND **\$9.09**



Annie's Homegrown
Organic Soup
Bunny Pasta
& Chicken Broth
14 OZ
Selected Varieties



★
Featured BRAND **2/\$7**



Mom's Best
Cereal
Crispy Cocoa Rice
17.5 OZ
Selected Varieties

2/\$8



Lesser Evil
Organic Popcorn
Himalayan Pink Salt
5 OZ
Selected Varieties



★
Featured BRAND **2/\$7**



Pretzel Crisps
Pretzel Crisp
Bites
Honey Mustard
12 OZ
Selected Varieties



\$5.29



Terra Chips
Exotic Vegetable
Chips
Mediterranean
5 OZ
Selected Varieties



\$3.29



Epic
Pork Rinds
Pink Himalayan
& Sea Salt
2.5 OZ



★
Featured BRAND **2/\$6**



From The Ground Up
Cauliflower Crackers
Sea Salt
4 OZ
Selected Varieties



\$3.29



Bahlsen
Milk Chocolate Biscuits
Choco Leibniz
4.4 OZ
Selected Varieties

\$3.79



Snyder's Of Hanover
Gluten Free
Pretzel Sticks
8 OZ



\$4.19



Boulder Canyon
Potato Chips
Malt Vinegar & Sea
Salt
5 OZ
Selected Varieties

2/\$6

BULK



Organic Dates
Large Medjool

6.49/lb



Organic
Chocolate Chips
Dark

6.79/lb



Organic Pistachios
Roasted & Salted

8.09/lb



Organic
Raw Natural
Sesame Seeds

2.79/lb



Think!
Keto Protein Bar
Chocolate PB Cookie
Dough
1.2 OZ
Selected Varieties

GF
2/\$5



Endangered Species
Chocolate
Dark Chocolate Eagle Bar
Caramel & Sea Salt
3 OZ
Selected Varieties

GF
2/\$6



Smartsweets
Sweet Fish
1.8 OZ
Selected Varieties

GF
2/\$6



Culture Pop Soda
Probiotic Soda
Watermelon Lime
& Rosemary
12 FL OZ
Selected Varieties

GF
2/\$3



High Brew Coffee
Cold-Brew Coffee
Double Espresso
8 FL OZ
Selected Varieties

2/\$4



Highground
Organic
Instant Coffee
Fairtrade
3.53 OZ

USDA ORGANIC
\$9.49



Celestial Seasonings
Herbal Tea
Bengal Spice
20 BAG
Selected Varieties

\$3.09



Yogi
Organic Morning
Vitality Tea
Rich & Robust
16 BAG
Selected Varieties

USDA ORGANIC
2/\$7



Citrus Magic
Solid Air
Freshener
Fresh Citrus
8 OZ
Selected Varieties

2/\$9



Ecover
Zero Laundry
Detergent
Fragrance Free
93 FL OZ

\$11.99



Andalou Naturals
Plant-Based
Rejuvenating Cream
Age Defying Retinol
1.7 OZ
Selected Varieties

GF
\$18.99



Herbatint
Permanent
Haircolor Gel
5N Light Chestnut
4 FL OZ
Selected Varieties

\$12.49



Naturtint
Permanent
Hair Color
1N Ebony Black
5.6 FL OZ
Selected Varieties

\$11.99



Tiger Balm
Pain Relieving
Ointment
Ultra Strength
18 GRM

\$6.49



Eco-Dent
Gentle Floss
Mint
100 YD

\$3.99



Brain Juice
Brain Juice Shot
Peach Mango
2.5 FL OZ
Selected Varieties

2/\$6



Yerba Prima
Psyllium
Whole Husks
Colon Cleanser
12 OZ
Selected Varieties

GF
\$9.99



Hyland's
Calms Forte
Tablets
Sleep Aid
100 TAB

\$8.99



Emergen-C
1000mg Vitamin C
Immune Support
Super Orange
30 PKT
Selected Varieties

\$12.49



Traditional Medicinals
Organic
Throat Coat Lozenges
Lemon Ginger Echinacea
16 CT
Selected Varieties

USDA ORGANIC
2/\$8



Soothes Sore Throats

This unique formula blends the throat soothing power of pectin with organic ginger extract and organic lemon essential oil, providing sweet and warming on-the-go support.