

# deals

July 24–August 20, 2024

Scan to download!



EO  
Everyone Soap  
selected varieties

**\$8.29**

32 oz



From The Ground Up  
Cauliflower Crackers  
selected varieties

**2/\$5**

3.5–4 oz

## Raise the bar with these sweet deals

KIND  
Nut Bar  
selected varieties

**4/\$5**

1.4 oz



Perfect Bar  
Organic Protein Bar  
selected varieties

**2/\$5**

2.3–2.5 oz



GoMacro  
Organic MacroBar  
selected varieties

**2/\$5**

2–2.3 oz



Birch Benders  
Organic Pancake & Waffle Mix  
selected varieties

**\$4.29**

14–16 oz



Enjoy Life Foods  
Chocolate Chips  
selected varieties

**\$4.99**

9–10 oz



Purely Elizabeth  
Granola  
selected varieties

**\$5.79**

8–12 oz



Essentia  
Alkaline Water

**2/\$4**

1.5 lt



C2O  
Coconut Water  
selected varieties

**\$1.69**

17.5 oz



Santa Cruz Organic  
Organic Lemonade  
selected varieties

**\$2.79**

32 oz



**Annie's  
Mac & Cheese**

selected varieties



**4/\$5**

5.25-6 oz

**Late July  
Tortilla Chips**

selected varieties



**2/\$7**

7.8 oz

**Chosen Foods  
Avocado Oil**



**\$8.99**

500 ml

**Bachan's  
Japanese Barbecue Sauce**

selected varieties



**\$6.29**

16-17 oz

**Good Health  
Potato Chips**

selected varieties



**\$2.99**

5 oz

**Tasty Bite  
Organic Rice**

selected varieties



**\$2.29**

8.8 oz

**Once Again  
Organic Tahini**



**\$7.49**

16 oz

**Vegan Rob's  
Puffs**

selected varieties



**\$2.79**

3.5 oz

**Roasted Salmon & White Bean Salad**

30 MIN • SERVES 4 • GLUTEN-FREE

**INGREDIENTS**

- 2 pounds salmon fillet
- ¼ cup smoked paprika
- 1 teaspoon sea salt
- 1 teaspoon ground cumin
- ¼ cup olive oil
- ½ pint cherry tomatoes, quartered
- 2 cucumbers, diced
- ½ cup crumbled feta
- 1 15-ounce can cannellini beans, drained and rinsed
- ½ small red onion, julienned
- 1 tablespoon olive oil
- 1 tablespoon tahini
- 1 tablespoon lemon juice
- 1 large garlic clove, minced
- ½ teaspoon dried oregano
- ¼ teaspoon sea salt
- 2 cups pea shoots
- 1 cup prepared tzatziki

**DIRECTIONS**

- 1 Preheat oven to 350°F. Place salmon skin side down on a parchment-lined baking sheet. Combine paprika, salt, and cumin. Rub salmon with spice mix then drizzle on oil. Bake for 20 minutes or until the internal temperature reaches 145°F.
- 2 Meanwhile, prepare the salad by tossing together tomatoes, cucumbers, feta, beans, and red onion in a serving bowl. Whisk together dressing ingredients until well blended, then toss with salad. Adjust seasoning to taste.
- 3 Place salmon on a platter and spoon dressed salad over salmon. Garnish with pea shoots and serve with tzatziki sauce.





**Zack's Mighty Organic Tortilla Chips**

selected varieties

**\$3.79**

9 oz



**gimMe Organic Organic Roasted Seaweed Snacks**

selected varieties

**\$1.69**

0.32-0.35 oz



**Crunchmaster Multi-Seed Crackers**

selected varieties

**2/\$6**

4 oz



**EPIC Pork Rinds**

selected varieties

**2/\$5**

2.5 oz



**Nick's Sticks Meat Snack Sticks**

selected varieties

**2/\$5**

1.7 oz



Since 1960, Back to Nature® has been creating delicious and flavorful recipes inspired by nature. We carefully select our ingredients to create great-tasting cookies and crackers that you can enjoy all day long.



**Back to Nature Organic Crackers**  
selected varieties

**2/\$6**

6 oz



**Back to Nature Cookies**  
selected varieties

**\$3.79**

8-10.7 oz

**Solely Organic Fruit Jerky**

selected varieties

**4/\$5**

0.8 oz



**Made in Nature Organic Dried Fruit**

selected varieties

**\$3.79**

3-5 oz





Dive into deliciousness with Crofter's Organic! Bursting with fruit and 1/3 less sugar than traditional jam. Elevate any dish with our spreads—just 5 wholesome ingredients per jar. Spread joy, spread yum!



**Crofter's Organic Organic Premium Fruit Spread**  
selected varieties

**\$4.29**  
16.5 oz

**Peter Rabbit Organics Organic Baby Food Pouch**  
selected varieties



**\$1.59**  
4-4.4 oz

**St. Dalfour French Fruit Spread**  
selected varieties



**\$3.79**  
10 oz

**Hu Organic Chocolate Bar**  
selected varieties

**2/\$7**  
2.1 oz



**Alter Eco Organic Chocolate Bar**  
selected varieties

**\$2.99**  
2.65-2.82 oz



**MadeGood Organic Granola Bars**  
selected varieties

**\$3.49**  
6 ct



Simple Mills is driven by our mission to make products that go beyond "free from" to "for more." Our products include more of what we want: purposeful, nutrient-dense, delicious ingredients, and nothing artificial, ever.



**Simple Mills Gluten Free Cookies**  
selected varieties

**\$3.79**  
5.5 oz



**Simple Mills Organic Seed Flour Crackers**  
selected varieties

**\$3.79**  
4.25 oz



**Simple Mills Almond Flour Crackers**  
selected varieties

**\$3.79**  
4.25 oz



## Newman's Own Sandwich Cremes

selected varieties

**\$4.79**

13 oz



## Skinny Dipped Chocolate Covered Almonds

selected varieties

**\$3.99**

3.5 oz



## Arrowhead Mills Organic Cereal Flakes

selected varieties

**\$4.79**

10-12 oz



## One Degree Organics Organic Sprouted Cereal

selected varieties

**\$4.29**

8-10 oz



## Lundberg Family Farms Organic Rice Cakes

selected varieties

**\$3.49**

8.5-11 oz



## No-Bake Energy Bites

20 MIN • MAKES 12 BITES • VEGETARIAN

### INGREDIENTS

- |                                     |  |
|-------------------------------------|--|
| 1 cup dates, halved                 | 3 tablespoons sunflower oil                |
| 1/3 cup peanuts, roasted and salted | 1/2 cup puffed rice cereal                 |
| 1/3 cup quick rolled oats           | 3/4 cup shredded dried coconut             |
| 1/2 cup granola                     | 2-4 tablespoons chocolate chips (optional) |
| 1/2 cup creamy peanut butter        |  |

### DIRECTIONS

- Place dates, peanuts, oats, and granola in a food processor. Pulse until mixture resembles a coarse meal.
- In a medium size mixing bowl, whisk together peanut butter and oil.
- Fold in date mixture and puffed rice, then scoop mixture into tablespoon size portions and form into balls.
- Roll in shredded coconut and chill for at least an hour before serving.



## Navitas Organic Cacao Powder

**\$7.29**

8 oz



## Four Sigmatic Organic Ground Mushroom Coffee

selected varieties

**\$13.99**

12 oz



## CATALINA CRUNCH®

Our Cinnamon Toast Cereal and Chocolate Vanilla Sandwich Cookies are made earnestly with protein, fiber, and good fats, all while minimizing sugars. High in protein, vegan, and keto friendly, we have created delicious, healthier products that help you achieve a better life!



## Catalina Crunch Keto Friendly Sandwich Cookies

selected varieties

**\$5.49**

6.8 oz



## Catalina Crunch Keto Friendly Cereal

selected varieties

**\$6.49**

8-9 oz



GT's  
Alive Ancient  
Mushroom Elixir  
selected varieties

**2/\$6**  
16 oz



GT's  
Synergy Raw  
Kombucha  
selected varieties

**2/\$6**  
16 oz

**Odyssey  
Energy Drink**  
selected varieties

**2/\$5**  
12 oz



**Lakewood  
Organic Pure Lemon Juice**

**\$3<sup>29</sup>**  
12.5 oz



**nutpods  
Dairy-Free Creamer**  
selected varieties

**\$2<sup>79</sup>**  
11.2 oz



**Lifeway  
Organic Kefir**  
selected varieties

**\$4<sup>49</sup>**  
32 oz



**Oatly  
Oatmilk**  
selected varieties

**\$4<sup>29</sup>**  
64 oz



Califia Farms  
Almondmilk  
selected varieties

**\$3<sup>99</sup>**  
48 oz



Califia Farms  
Organic Almondmilk

**\$4<sup>99</sup>**  
48 oz



Califia Farms  
Organic Oatmilk

**\$5<sup>29</sup>**  
48 oz



**Ripple**  
Plant-Based Milk  
selected varieties

**\$4.99**

48 oz



**Cocojune**  
Organic Cultured Coconut Yogurt  
selected varieties

**\$1.89**

4 oz



**Redwood Hill Farm**  
Goat Milk Yogurt  
selected varieties

**\$5.49**

32 oz



**Tofurky**  
Plant-Based Deli Slices  
selected varieties

**\$3.79**

5.5 oz



**Feel Good Foods**  
Gluten Free Egg Rolls

**\$6.49**

9 oz



**Organic Valley**  
Organic Half & Half

**\$2.49**

16 oz



**Organic Valley**  
Organic Whole Milk

**\$4.99**

64 oz



**Organic Valley**  
Organic String Cheese

**\$5.29**

8 oz



**Beyond Meat**  
Beyond Breakfast Sausage  
selected varieties

**\$4.29**

7.4 oz



**Against The Grain**  
Original Baguettes

**\$5.79**

15 oz



**Sambazon**  
Organic Frozen Fruit Smoothie Packs  
selected varieties

**\$5.29**

4/100 g



**Red's**  
Organic Burrito  
selected varieties

**\$1.99**

4.5-5 oz



**Canyon Bakehouse**  
Gluten-Free Bread  
selected varieties

**\$5.49**

18 oz



At Organic Valley, we produce nourishing food on small organic family farms where families manage the care of animals and the earth. Through our cooperative's standards and practices, we promote respect for the dignity and interdependence of all life.

# Orgain.

Andrew Abraham, M.D. created Orgain to put the power of good, clean nutrition in the hands of people everywhere. Orgain's organic nutrition shakes are made with high-quality ingredients to maximize nutrition and crafted to offer a creamy, delicious taste experience.



**Orgain Organic Vegan Nutritional Shake**  
selected varieties

**\$249**

11 oz

**ChildLife Essentials Liquid Vitamin C**

**\$579**

4 oz



**Nuun Hydration Sport Hydration Tablets**  
selected varieties

**\$529**

8-12 ct



**Bach Rescue Remedy**

**\$1999**

20 ml



**Floradix Floravital Iron & Herbs**

**\$2199**

8.5 oz



**Boiron Calendula Cream**

**\$979**

2.5 oz



**Vital Proteins Collagen Peptides**  
selected varieties



**\$2099**

10-13.5 oz

**Solgar Gentle Iron® 25mg**

**\$899**

90 vcap



**Natural Vitality Calm**  
selected varieties

**\$1899**

8-16 oz



**Garden of Life Grass Fed Collagen Peptides**



**\$3499**

560 g







# Tuna Pasta Salad

30 MIN • SERVES 8

## INGREDIENTS

- |                             |   |
|-----------------------------|---|
| 1 pound farfalle pasta      | ½ cup red wine vinegar                              |
| 2 – 5 oz cans tuna, drained | 1 tablespoon dried dill                             |
| 6 ribs celery, sliced       | 1 teaspoon chia seeds                               |
| 1 medium red onion, diced   | 1 teaspoon sea salt                                 |
| 2 cups mayonnaise           | 1 ½ teaspoon ground white pepper                    |
|                             | 1 – 15 oz can peas, drained (or 2 cups frozen peas) |

## DIRECTIONS

- 1 Cook pasta according to package directions. Drain and set aside to cool.
- 2 Add the tuna to a medium mixing bowl. Using a fork, break apart the tuna. Stir in the celery and red onion.
- 3 Whisk together mayonnaise, vinegar, dill, chia seeds, sea salt, and pepper in a small bowl.
- 4 Add pasta and dressing to the veggie/tuna mixture then toss to combine.
- 5 Fold in peas and adjust seasonings to taste.

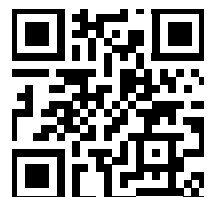


## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.



CE