



Chocolove  
Chocolate Bar  
(selected varieties)

**\$2<sup>29</sup>**

2.9–3.2 oz



Dr. Bronner's  
Organic Castile  
Bar Soap

**2/\$8**

5 oz



Hu  
Organic Chocolate Bar  
(selected varieties)

**2/\$7**

2.1 oz



Kettle  
Potato Chips  
(selected varieties)

**2/\$6**

5 oz



Enjoy Life Foods  
Chocolate Chips  
(selected varieties)

**\$4<sup>99</sup>**

9–10 oz



Siete  
Grain Free Cookies

**\$3<sup>29</sup>**

4.5 oz



Traditional Medicinals  
Organic Tea  
(selected varieties)

**\$3<sup>99</sup>**

16 ct



The Mountain Valley  
Spring Water

**\$2<sup>29</sup>**

1 lt



Crown Prince Natural  
Smoked Oysters  
(selected varieties)

**\$2<sup>79</sup>**

3 oz



Vital Farms  
Butter

**\$3<sup>79</sup>**

8 oz



Tofurky  
Plant-Based Sausage

**\$5<sup>29</sup>**

14 oz





Our updated packaging pays homage to our rich heritage. At Bionaturae, authentic Italian means more than food that comes from Italy. It's an attachment to traditions and quality. It's organic ingredients that represent the heart & soul of an Italian kitchen.



**Bionaturae  
Organic Tomato  
Paste**

**\$2<sup>29</sup>**

7 oz



**Bionaturae  
Organic Strained  
Tomatoes**

**\$3<sup>29</sup>**

24 oz

**Dr. McDougall's  
Ramen  
(selected varieties)**

**\$1<sup>89</sup>**

1.8-1.9 oz



**Organic Valley  
Organic Ghee**

**\$11<sup>99</sup>**

13 oz



**CADIA  
Organic Maple Syrup**

**\$7<sup>79</sup>**

12 oz



**Frontier  
Organic Ground Cinnamon**

**\$4<sup>79</sup>**

1.76 oz



**Garden of Eatin'  
Corn Tortilla Chips  
(selected varieties)**

**\$4<sup>99</sup>**

16 oz



At Amy's we source the best organic ingredients and take the time to perfect our recipes to make sure each bite tastes delicious.



**Amy's  
Burrito  
(selected varieties)**

**\$2<sup>99</sup>**

6 oz



**Amy's  
Organic Soup  
(selected varieties)**

**\$3<sup>29</sup>**

13.8-14.7 oz



**Amy's  
Macaroni &  
Cheese**

**\$3<sup>79</sup>**

9 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of December.



**Angie's  
BoomChickaPop Popcorn**  
(selected varieties)

**\$2<sup>79</sup>**

4.4-7 oz



**Hippeas  
Chickpea Puffs**

**\$2<sup>29</sup>**

4 oz



**Mary's Gone Crackers  
Organic Crackers**  
(selected varieties)

**\$3<sup>79</sup>**

6.5 oz



**Mary's Gone Crackers  
REAL Thin Crackers**  
(selected varieties)

**\$3<sup>79</sup>**

5 oz

**MARY'S  
GONE CRACKERS™**

Thanks to whole, organic and gluten free ingredients, our Mary's Gone Crackers® Original and REAL Thin Crackers provide the perfect pairing of toasty flavor and crunchy goodness. This tasty, crunchy cracker delivers happy snacking to your day!

**Dr. Bronner's  
Organic Chocolate Bar**  
(selected varieties)

**2/\$6**

2.93-3 oz



**Alter Eco  
Organic Chocolate Bar**  
(selected varieties)

**2/\$6**

2.65-2.82 oz



**Endangered Species  
Chocolate Bar**  
(selected varieties)

**2/\$5**

3 oz



**Lily's  
Chocolate Baking  
Chips**

**\$6<sup>29</sup>**

9 oz



**Lily's  
Chocolate Bar**  
(selected varieties)

**\$3<sup>29</sup>**

2.8-3 oz

**LILY'S**

Make Life Sweeter. Chocolate is too good to let added sugar get in the way, so Lily's created a whole line of unbelievable treats botanically-sweetened with stevia. And you know what happened? Life. Got. Sweeter.

**Choice Organic Teas  
Organic Tea**

**\$3<sup>29</sup>**

16 ct



**Miyoko's  
Organic Vegan Cream Cheese**  
(selected varieties)

**\$4<sup>29</sup>**

8 oz



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Kerrygold  
Cheese

**\$4<sup>29</sup>**

7 oz



Organic Valley  
Organic Ricotta Cheese

**\$5<sup>29</sup>**

15 oz



Bubbies  
Kosher Dill Pickles

**\$6<sup>79</sup>**

33 oz



Feel Good Foods  
Gluten Free Egg Rolls

**\$6<sup>49</sup>**

9 oz



Garden of Life  
Dr. Formulated Magnesium with  
Pre & Probiotics Gummies

**\$15<sup>99</sup>**

60 ct



Natural Vitality  
Calm Gummies

**\$19<sup>99</sup>**

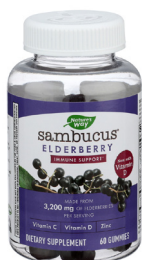
120 ct



Nature's Way  
Sambucus Elderberry Gummies

**\$15<sup>99</sup>**

60 ct



CV Sciences  
+Plus CBD Calm Gummies

**\$23<sup>99</sup>**

30 ct



Renew Life  
Cleanse More

**\$14<sup>99</sup>**

60 ct



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**Boiron  
Coldcalm**

**\$10<sup>49</sup>**

60 tab



**Natural Factors  
Stress Relax® Tranquil Sleep  
Chewable**

**\$22<sup>99</sup>**

60 tab



**Rainbow Light  
High Potency Women's One  
Daily Multivitamin**

**\$17<sup>99</sup>**

60 ct



**Vibrant Health  
Green Vibrance**

**\$45<sup>99</sup>**

330 g



**Solaray  
Zinc 50mg**

**\$5<sup>99</sup>**

100 ct



**Solgar  
Sublingual Liquid B-12 2000 MCG  
with B-Complex**

**\$8<sup>49</sup>**

2 oz



**Alba Botanica  
Un-Petroleum Jelly**

**\$5<sup>99</sup>**

3.5 oz



**EO  
Organic Deodorant Spray**

**\$5<sup>29</sup>**

4 oz



**JASON  
Toothpaste  
(selected varieties)**

**\$5<sup>79</sup>**

4.2 oz



**Avalon Organics  
Shampoo or Conditioner**

**\$8<sup>29</sup>**

11 oz



**Andalou Naturals  
Shampoo or Conditioner**

**\$6<sup>29</sup>**

11.5 oz



**Weleda  
Skin Food**

**\$14<sup>99</sup>**

2.5 oz



**NOW Foods  
Peppermint Essential Oil**

**\$5<sup>99</sup>**

1 oz



**Aura Cacia  
Lavender Essential Oil**

**\$8<sup>29</sup>**

.5 oz



**DERMA E  
Anti-Wrinkle Renewal Cream**

**\$15<sup>99</sup>**

4 oz



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**We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.**

**Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.**

**INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com).**

### ALABAMA

Manna Grocery & Deli

### ARKANSAS

The Eureka Market  
Good Measure Market  
Natural Food Store  
Nature's Wonders  
Olde Fashioned Foods  
The Truck Patch  
Village Nutrition

### ILLINOIS

Apple Valley Natural Foods  
Chicago Market  
Choices Natural Market  
Common Ground  
Cornucopia Natural Market & Deli  
Food Fantasies Naturally  
Fruitful Yield Health Foods  
Green Earth Grocery  
Heritage Natural Foods  
Highland Nutrition Center  
Kankakee Natural Foods  
Nature's Cornucopia  
NOSH Good Mood Foods  
Nutrition Network Market  
Pass Health Foods  
Polson's Natural Foods  
Prairie Food Co-op  
Southtown Health Foods  
Sunrise Health Foods

### INDIANA

Apple Valley Natural Foods  
Down to Earth Natural Foods  
Georgetown Market  
The Good Earth Natural Food Co  
Grounded Natural Foods  
Harmony & Health  
The Health Food Shoppe of Fort Wayne  
Natural Choices for Healthful Living  
Nature's Cupboard  
Rainbow Blossom  
Sunrise Health Foods  
The Sunspot Natural Market

### IOWA

Campbell's Nutrition  
Everybody's Whole Foods  
Heritage Natural Foods

### KANSAS

Kountry Kupboard

### KENTUCKY

Happy Meadow Natural Foods  
Rainbow Blossom

### LOUISIANA

Fiesta on Eighteenth  
Gibson's Fresh Grocer  
Sandra's Café & Health Food Store  
Sunshine Health Foods

### MICHIGAN

Apple Valley Natural Foods  
Better Health Market  
Dale's Natural Foods  
Edson Farms Natural Foods  
Health Hutt  
Natural Food Patch  
Natural Health Center  
Nature's Gift Organic Market  
Nature's Market  
Sawall Health Foods  
Western Market

### MINNESOTA

A Clean Plate Local & Organic Grocery  
Cloquet Natural Foods  
Crow Wing Food Co-op  
Dutchmen Organics  
Good Grocer  
MANNA Food Co-op  
Mastell's Health Foods  
Tailor Made Nutrition

### MISSISSIPPI

Chicory Natural Market  
Vitamins Plus

### MISSOURI

Clover's Natural Market  
Healthy Habits  
Jean's Healthway  
Kelly's World Famous  
MaMa Jean's Natural Market  
Natural Health Organic Foods  
Nature's Own Health Market  
Nature's Wonders  
Nutrition Stop  
Suzanne's Natural Foods  
The Truck Patch

### NEBRASKA

Red Clover Market

### NORTH DAKOTA

Fresh Palate  
Terry's Health Products

### OHIO

Berry's Natural Food Market  
Health Foods by Claudia  
Kindred Market  
Raisin Rack Natural Foods

### PENNSYLVANIA

Nature's Way Market

### SOUTH DAKOTA

Pomegranate Market

### TENNESSEE

Grubb's Grocery  
Natural Foods Market  
Nutrition World  
The Turnip Truck Natural Market

### TEXAS

Ann's Health Food Center & Market  
Cox Farms Market  
Fresh Plus Markets  
Green Market Natural Foods & Vitamins  
Harvest Natural Market  
Marigold Market + Café  
The Market  
Natural Foods Market  
Next Generation  
Sunflower Shoppe

### WEST VIRGINIA

Mother Earth Foods  
The Public Market

### WISCONSIN

Appleton Nutrition  
B-Alive  
Downtown Grocery  
The Free Market  
Good Harvest Market  
The Grainery  
Greens N Grains  
Healthy Way Market  
Nature's Best Market  
NDC Natural Market  
Nutrition Discount Center  
Organic Valley Retail Stores  
Plan-It Earth Health Center  
Village Market  
Wild Berry Market