

ANACORTES

HEALTH & NUTRITION

1020 7th St, Anacortes, WA 98221

360-293-8849

December 1st - 31st





Made from the best of the harvest, these non-alcoholic sparkling beverages help you celebrate in style.

Feel Good Foods

Banana Pancake Bites

12.7 OZ



\$**6**⁷⁹

Immaculate Baking

Organic Cinnamon Roll Dough

> with Icing 17.5 OZ



\$6⁹⁹

December

Food For Life

Organic Genesis 1:29 Sprouted English Muffins

16 OZ



\$**6**⁷⁹

Moist, nutty, delicious and satisfying.



Epic Cooking Fat Beef Tallow 11 OZ

\$1169

A versatile alternative to vegetable oils, a time-tested addition to any conscious foodie's kitchen essentials.



Nielsen-Massey Vanilla

Pure Almond Extract

\$**3**99



Mary's Gone Crackers

Organic Super Seed Crackers

> Basil & Garlic 5.5 OZ

\$479





Bionaturae
100% Organic
Tomatoes

Strained 24 OZ

\$**3**79

Bigelow Tea

Assorted Herb Tea

18 BAG



\$**3**69



Dr. Bronner's

Dark Chocolate Bar

Golden Milk Chai

Organic 2.93 OZ

\$**5**²⁹



Bob's Red Mill

Artisan Bread Flour

Unbleached 5 LB

\$**5**29





Miltons
Gluten Free
Crackers

Olive Oil & Sea Salt 4.5 OZ

\$**3**29

Made with authentic black olives, extra virgin olive oil, and Mediterranean herbs.



Endangered Species Chocolate

Dark Chocolate Bar

> Hazelnut 3 OZ

\$**3**79



Primal Kitchen
Gravy
Mushroom
Cashew Butter

12 OZ

\$**8**39



Frontera Foods

Medium SalsaCilantro Jalapeno
16 OZ

\$**3**79

Flame-roasted garlic, tomato, and cilantro come to



KIDS SLEEP AID

Birch Benders

Pancake &

Waffle Mix
Paleo

Paleo 12 OZ

\$599



Garden Of Eatin'

White Corn Tortilla Chips

> Touch of Lime 16 OZ

> > \$**5**39

life in this small-batch favorite.

Andalou Naturals

Brightening Glycolic Mask

Pumpkin Honey = 1.7 OZ



\$10⁹⁹

Boiron

SleepCalm Kids Liquid Doses

15 CT

\$**8**99

Sweet dreams are just a squeeze away for kids.

Hyland's
NATURALS
- klds
- Cold &
Cought
- Compress
- Management
- Man

Hyland's

Kids Cold & Cough

Daytime 4 FL OZ

\$**8**99



Yerba Prima **Activated Charcoal**

Coconut 60 VCAP

\$10⁹⁹

Green Forest

Facial Tissues

175 CT



\$**3**69

No additives such as lotions or scents, so it's a great tissue for those with chemical sensitivities or allergies.



Method

Foaming Tub + Tile Cleaner

Eucalyptus Mint 28 FL OZ

\$**6**⁵⁹

This fast acting foam cleans mold, mildew stains, removes soap scum and dissolves grime.





